



## **BHS 320 Practicum (3-1) Fall 2009**

### **Class Schedules:**

**Class Times:** M 1:00-2:15

**Room:** TBA

### **Instructor Information**

**Instructor:** Alex Sanderson-MacIntyre

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**Office:** L2101

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### **Course Description:**

A supervised practical experience with a community or social agency related to the student's interest and/or future plans. Readings, written assignments and group meetings will help students reflect on and integrate knowledge with practical experience. Please ensure you have assigned chapter readings completed **before** class as well as assigned exercises from the text.

### **Textbooks**

Baird, Brian N. (2007). *The internship, practicum, and field placement handbook: A guide for the helping professions (5<sup>th</sup> ed.)*. New Jersey: Prentice Hall.

**Attendance:** The general expectation is that students will attend all classes in which they are registered. After three (3) unexcused absences (per term), the instructor reserves the right to ask a student to withdraw from the class.

### **Course Requirements**

1. Completed Portfolio/Interviews (10%) **(Due Sept 14<sup>th</sup>)**
2. Written Assignment (15%) **(Due November 30<sup>th</sup>)**
3. Completed Evaluation Form by Practicum Supervisor (30%) **(Due December 7<sup>th</sup>)**
4. Participation in Class Discussions (10%)
5. MBTI\*Personality Evaluation (10%) **(Due November 30<sup>th</sup>)**
6. Self-Evaluation Form and Journal (25%) **(Due December 7<sup>th</sup>)**

All requirements must be completed to receive a passing grade in this course.

### **Written Assignment:**

Students will write a five-page paper that applies relevant theoretical and/ or intervention research to their practicum experiences. The format for the paper

should follow the guidelines of the new *Publication Manual of the American Psychological Association*.

You will be marked along the dimensions set out in the written assignment evaluation sheet. Please attach this sheet to your final copy of your paper before it is handed in for marking. Please identify, on the first or cover page of your assignments, the course name, the instructor's name and your own name, along with your student ID number and mailbox number.

### **Journal**

Your journal should contain a record of your volunteering activities and personal experiences. You should incorporate your reactions (emotional and cognitive) to practicum experiences in a manner that is critically reflective and exploratory in nature. The journal will also include your responses to the assigned exercises from the text and class. Last, each week you will be responsible for finding a journal article or book chapter related to your practicum setting. You will need to summarize the reading's main points and apply it to your practicum experience.

**MBTI –PERSONALITY STRESS INTERACTIONS**– Utilizing the behavioural charts you have filled out during the semester (e.g., sleep, spending, eating, spending, exercise), ask and answer the question how does your personality interact with stress situations. Consider when you were stressed, what exactly the stressor was, how did you cope, how did your behaviours relate to your personality type, and how did you overcome the stress and/or develop as an individual. Analysis no more than 4 pages and worth 10% of final mark.

**Grading:** The available letters for course grades are as follows:

Percentage:	Letter Grade:	Grade Point Weight:
96-100	A+	4.0
91-95	A	4.0
86-90	A-	3.7
82-85	B+	3.3
75-81	B	3.0
72-74	B-	2.7
68-71	C+	2.3
63-67	C	2.0
60-62	C-	1.7
56-59	D+	1.3
50-55	D	1.0
0-49	F	

### **Important Notes:**

*It is the responsibility of all students to become familiar with and adhere to academic policies of as are stated in the Student Handbook and Academic Calendar.*

*Personal information, that is information about an individual that may be used to identify that individual, may be collected as a requirement as part of taking this class. Any information collected will only be used and disclosed for the purpose for which the collection was intended. For further information contact the Privacy Compliance Officer at [privacy@ambrose.edu](mailto:privacy@ambrose.edu).*

The last day to enter a course without permission and /or voluntary withdrawal from a course without financial penalty      18 September 2009

The last day to voluntarily withdraw from a course or change to audit without academic penalty      13 November 2009

*Although extensions to coursework in the semester are at the discretion of the instructor, students may not turn in coursework for evaluation after the last day of the scheduled final examination period unless they have received permission for a "Course Extension." Alternative times for final examinations cannot be scheduled without prior approval. Requests for course extensions or alternative examination time must be submitted to the Registrar's Office by the appropriate deadline. Course extensions are only granted for serious issues that arise "due to circumstances beyond the student's control."*

*We are committed to fostering personal integrity and will not overlook breaches of integrity such as plagiarism and cheating. Plagiarism and cheating can result in a failing grade for an assignment, for the course, or immediate dismissal from the university college. Students are expected to be familiar with the policies in the current Academic Calendar and the Student Handbook that deal with plagiarism, cheating, and the penalties and procedures for dealing with these matters. All cases of academic dishonesty are reported to the Academic Dean.*

*Students are advised to retain this syllabus for their records.*

### **Course Schedule**

- Sept. 14<sup>th</sup> – Preparing for your practicum and support from peers (Chp. 1 & 2).  
Time & self-care schedule commences. (e.g., Record of eating and spending patterns)
- Sept. 21<sup>st</sup> – Ethical and Legal Issues (Chp. 3)  
Exercise on page 44 of class text
- Sept 28<sup>th</sup> – Working with a Supervisor (Chp. 4) Risks (Chp. 8)  
Exercises on page 87 & 93 of text  
Exercise on page 171 of text
- Oct. 5<sup>th</sup> – MBTI ASSESSMENT/REPORT DEBRIEF
- Oct. 12<sup>th</sup> – Happy Thanksgiving
- Oct. 19<sup>th</sup> – Dealing with Stress and Self-Care (Chp. 7)  
MBTI/GRIP
- Oct. 26<sup>th</sup> – Dealing with Stress and Self-Care (Chp. 7)  
Exercises on page 139 & 145
- Nov 2<sup>nd</sup> – Appreciating Difference (Chp. 5)  
Exercises on page 106 & 107

- Nov 9<sup>th</sup> – Writing and Record Keeping (Chp. 6)
- Nov. 16<sup>th</sup> – Closing Cases (Chp. 9) Finishing the Practicum (Chp. 10)
- Nov. 23<sup>th</sup> – DEVELOPING ALL ASPECTS OF SELF-TYPE DEVELOPMENT.
- Nov. 30<sup>th</sup> – Frustrations, Lessons, Discoveries (Chp. 11).  
MBTI –PERSONALITY\*STRESS INTERACTIONS
- Dec. 7<sup>th</sup> – Supervisor's evaluation and journal due.

## WRITTEN ASSIGNMENT EVALUATION SHEET

**NAME:**

Introduction: Statement of the general problem area

1	2	3	4	5	6	7	8	9	10
inadequate		fair		good		very good		excellent	

Discussion of pertinent theory and research

1	2	3	4	5	6	7	8	9	10
inadequate		fair		good		very good		excellent	

Breadth of coverage

1	2	3	4	5	6	7	8	9	10
inadequate		fair		good		very good		excellent	

Depth of coverage

1	2	3	4	5	6	7	8	9	10
inadequate		fair		good		very good		excellent	

Logical flow of argument

1	2	3	4	5	6	7	8	9	10
inadequate		fair		good		very good		excellent	

Integration of relevant research to the practicum setting

1	2	3	4	5	6	7	8	9	10
inadequate		fair		good		very good		excellent	

Conclusion

1	2	3	4	5	6	7	8	9	10
inadequate		fair		good		very good		excellent	

Organization

1	2	3	4	5	6	7	8	9	10
inadequate		fair		good		very good		excellent	

Clarity of writing

1	2	3	4	5	6	7	8	9	10
inadequate		fair		good		very good		excellent	

Adherence to APA style

1	2	3	4	5	6	7	8	9	10
inadequate		fair		good		very good		excellent	