

<b>Course ID:</b>	<b>Course Title:</b>	<b>Winter 2023</b>
<b>DA 103-2</b>	<b>Dance Fundamentals</b>	<b>Prerequisite: None</b>
		<b>Credits: 3</b>

Class Information		Instructor Information		Important Dates	
<b>Delivery:</b>	In Class	<b>Instructor:</b>	Chantal Gandar	<b>First Day of Class:</b>	Jan. 12, 2023
<b>Day(s):</b>	Thursday	<b>Email:</b>	Chantal.gandar@ambrose.edu	<b>Last Day to Add/Drop:</b>	Jan. 22, 2023
<b>Time:</b>	6:30pm-9:30pm	<b>Phone:</b>	403-389-2831	<b>Last Day to Withdraw:</b>	March 31, 2023
<b>Room:</b>	RELL 216 and RELL 124	<b>Office:</b>	RELL 124 or 216	<b>Last Day to Apply for Coursework Extension:</b>	April 3, 2023
<b>Lab/Tutorial:</b>	None	<b>Office Hours:</b>	Appointment Only	<b>Last Day of Class:</b>	April 13, 2023
<b>Final Exam Date:</b>	Tues. April 18 <sup>th</sup> 6:30-9:30pm	<b>Final Exam Room:</b>	A2210		

### Important Dates and Information

Classes begin January 9

Last day to add/drop with tuition refund January 22

Undergraduate Program Day (no daytime classes) January 26

Family Day (no classes) February 20

Reading Week/Winter Module classes February 21 - 25

Last day to request revised time for a final exam March 13

Last day to withdraw from courses without academic penalty March 31

Last day to apply for extension for course work April 3

Last day of classes April 14

Final Exams (including Saturday) April 18 - 25

### Course Description

Dance Fundamentals is a praxis and lecture-based introductory dance class open to all students. This course will explore classical, contemporary, and jazz dance techniques. The training includes barre work, centre-practice, across-the-floor, and improvisation. Students will also be introduced to basic skeletal and muscle anatomy and health. Classroom work will focus on a holistic understanding of dance genres and dance history. Studio work will emphasize rhythm, theme, and musical interpretation as applied to improvisation and choreography.

## Expected Learning Outcomes

Students in DA 103 will be expected to demonstrate:

1. An understanding of basic dance history
2. Articulate observations and interpretations of dance performances
3. Basic positions and beginner movement vocabulary for I.S.T.D ballet
4. Basic movement vocabulary of contemporary dance within set exercises
5. Basic jazz movement and exploration of its relationship with music and improvisation
6. Understanding of the various genres through creation and presentation

## Textbooks

There is no textbook for this course. There are, however, weekly readings of online articles which will be provided in Moodle. Readings will be discussed in each class and are an important part of the learning experience. The articles will include pdf documents and links to e-books and journal articles through the Ambrose library catalogue. Students will need to have logged into their Ambrose library account to access library resources.

## Equipment/Attire

Please wear clothing that can be easily moved in which includes leggings, athletic pants or bike shorts, athletic tops or T-shirts, and socks that aren't too slippery. No Jeans, or clothing that limits movement.

Chewing gum and **phones are not allowed in the studio**. Hair should be tied back, so it is off the face. Jewellery should only be worn if it is tight to the body.

If students have ballet shoes or jazz shoes, they may be worn when those styles are practiced, but are not required. For each class, please bring a water bottle as well as a notebook and pen, or laptop/tablet, for taking notes.

## Course Schedule

Class Content and Location	Assignments & Exams	Class Dates
LECTURE - Intro to the Course, Early Dance History STUDIO - Intro to Studio, ISTD Positions, Ballet Exercises		January 12
LECTURE - Ballet Through the Ages, Alignment and Anatomy STUDIO - Ballet in The Centre and Across the Floor	<i>Discuss Reading #1</i>	January 19
LECTURE ONLINE- Ballet cont. and Dance as an Art Form STUDIO – Modern Exercises	<i>Discuss Reading #2</i>	January 26
<b>Attend DJD Performance:</b>	<b>Meet Thursday 6:30pm at DJD Dance Centre</b>	February 2
LECTURE - Modern Dance STUDIO – Modern Exercises	<i>Discuss Reading #3 and Performance</i>	February 9
LECTURE – Contemporary Dance/Dance and Technology	<i>Discuss Reading #4</i>	February 16

STUDIO – Review of Ballet and Modern for Midterm	<b>Observation Paper Due: midnight</b>	
<b>Reading Week – No Class</b>		February 23
Movement Exam 6:30-7:30pm Written Exam 7:30pm	<b>Midterm Written/Movement Exam</b>	March 2nd
LECTURE – Jazz Dance Roots and Evolution STUDIO – Jazz Movement and Rhythms	<i>Discuss Reading #5</i>	March 9
LECTURE - World Dance, Ritual and Performance STUDIO - Jazz Movement and Rhythms and Group Planning	<i>Discuss Reading #6</i>	March 16
LECTURE – Folk, Social and Urban Dance STUDIO – Choreography, Improvisation and Group Choreo	<i>Discuss Reading #7</i> <i>*Class will end early at 8:30pm</i>	March 23
<b>Ambrose Jazz Concert: Body and Soul</b>	<b>Saturday, 7:30pm in the Ambrose Gymnasium</b>	March 25
LECTURE – Musical Theatre and Dance on Film STUDIO – Jazz Review and Group Choreo	<i>Discuss Reading #8 and Performance</i>	March 30
LECTURE – Dance and Faith, Careers in Dance, Exam Review STUDIO – Review Movement for Presentations	<i>Discuss Reading #9</i>	April 6
LECTURE – Final Exam Review STUDIO – In Class Presentations	Jazz and Group Presentations	April 13
	<b>Final Written Exam</b> <b>Tuesday 6:30-9:30pm in Rm A2210</b>	April 18

### Requirements:

#### 15% - Attendance and Participation

Full credit will be given for meeting all the following requirements:

1. Arriving at classes on time
2. Participating in movement exercises and wearing appropriate movement attire
3. Completing readings and engaging in class discussions
4. Remaining for the full duration of class
5. Attend the two dance performances

Those who miss a class due to illness or emergency are expected to email the instructor prior to their absence if possible. Classes will not be recorded via zoom (unless mandated); however, lecture slides will be posted online for student review. Students are also responsible for catching up on movement missed from the studio content with their peers. More than three absences will impact student success and will require a meeting with the instructor. Each class is worth ~1.5% of your overall grade.

*\* In order to receive credit for classes missed due to illness or other issues, students need to submit a one-page summary of the lecture slides that were presented on the date they were absent. This can be submitted within two weeks of the absence.*

### **15% - Performance Observation Paper:**

We will attend the Decidedly Jazz performance “Ephemeral Artificats” on Thursday February 2<sup>nd</sup>. Students will take notes about the performance based on the assignment outline posted on Moodle and write a 5-page observation and reflection paper in MLA format and **submit your paper via Turnitin on Moodle by the deadline of midnight, Thursday February 16<sup>th</sup>** \*(early submission for review due by February 9<sup>th</sup>)\*

### **10% - Midterm Movement Exam**

The Midterm exam is divided into two sections for this course. The movement exam will include a demonstration of set ballet and modern exercises learned in the first few weeks, as well as the ISTD Ballet positions for both arms and feet. The exam will be done in the dance studio, REL 216. The rubric for this exam will be posted on Moodle.

**Midterm Exam Date: 6:30pm Thursday, March 2<sup>nd</sup>**

### **10% - Midterm Exam**

Students will take a multiple choice, long and short answer exam based on the course instruction on early dance history, dance as an art form, ballet and modern dance. More information regarding the exam content will be posted on Moodle. Students may request accommodation through Student Academic Success.

**Midterm Exam Date: 7:30pm Thursday March 2<sup>nd</sup>**

### **10% - Jazz Movement Presentation:**

Students will present their jazz dance exercises, jazz choreography and Swing dance combination, demonstrating an understanding of jazz rhythms and movement aesthetics. Grading rubric will be posted on Moodle and include categories for musicality, quality of movement, and exercise accuracy. **Presentation Date: Thursday April 6<sup>th</sup>**

### **15% - Group Movement Assignment and Presentation, 5% - Individual Reflection Paper:**

Based on the genres explored in class, students will create a dance with a small, assigned group for presentation to the class in the dance studio. In addition, each student is to write a 2-page reflection paper about their experience of the creation process and performance experience (See Assignment Outlines via Moodle).

**Presentation Date: Thursday April 6<sup>th</sup>      Reflection Paper Due Date: Thursday April 13<sup>th</sup>**

### **20% - Final Written Exam:**

Students will take a multiple choice, long and short answer exam based on their cumulative knowledge gained throughout the course. More information regarding exam content will be given later in the semester. Students may request accommodations through Student Academic Success.

**The final exam date: Tuesday April 18<sup>th</sup>, 6:30-9:30pm in room A2210.**

## Grade Summary:

The available letters for course grades are as follows:

Grade	Interpretation	Grade Points	Equivalent %
A+	Excellent	4.00	98-100
A		4.00	92-97
A-		3.70	89-91
B+	Good	3.30	87-88
B		3.00	81-87
B-		2.70	78-80
C+	Satisfactory	2.30	76-77
C		2.00	70-75
C-		1.70	67-69
D+	Poor	1.30	65-66
D		1.0	57-64
F	Failure	0.00	56 and Below

Because of the nature of the Alpha 4.00 system, there can be no uniform University-wide conversion scale. The relationship between raw scores (e.g. percentages) and the resultant letter grade will depend on the nature of the course and the instructor's assessment of the level of each class, compared to similar classes taught previously.

Please note that final grades will be available on student registration system. Printed grade sheets are not mailed out.

## Other:

### Decidedly Jazz Field Trip

Students will attend DJD's "Ephemeral Artifact" on Thursday February 2<sup>nd</sup>. This means that we will NOT have class on Tuesday January 31<sup>st</sup> in lieu of our field trip night. Tickets will be purchased on your behalf using course fees; however, students will need to arrange their own transportation to the Decidedly Jazz Dance Centre located at 111 12<sup>th</sup> Ave SE. We will meet in the building lobby at 6:30pm for a tour of the building, followed by the performance at 7:30pm. Dress code is business casual, and there will be refreshments available for purchase if desired. If you are unable to attend due to emergency or illness, please contact the instructor as soon as possible to make alternative plans in order to complete the observation paper assignment.

## Ambrose University Important Information:

### Communication

All students have received an Ambrose e-mail account upon registration. It is the student's responsibility to check this account regularly as the Ambrose email system will be the professor's instrument for notifying students of important matters (cancelled class sessions, extensions, requested appointments, etc.) between class sessions.

### Exam Scheduling

Students who find a conflict in their exam schedule must submit a *Revised Final Exam Time Application* to the Office of the Registrar by the deadline noted in the Academic Calendar. Requests will be considered for the following reasons only: 1) the scheduled final

examination slot conflicts with another exam; or 2) the scheduled final examination slot results in three consecutive examination periods. Travel is not considered a valid excuse for re-scheduling or missing a final exam.

### Standards of Behaviour in the Classroom Setting

Learning is an active and interactive process, a joint venture between student and instructor and between student and student. Some topics covered within a class may lead to strong reactions and opinions. It is important that Students understand that they are entitled to hold contradictory beliefs and that they should be encouraged to engage with these topics in a critical manner. Committing to this type of "active learning" significantly increases the

learning experience for both teacher and student, and reflects the Christian imperative to pursue truth, which lies at the heart of the Ambrose educational experience. However, active discussion of controversial topics will be undertaken with respect and empathy, which are the foundations of civil discourse in the Classroom Setting. Primary responsibility for managing the classroom rests with the instructor. The instructor may direct a student to leave the class if the student engages in any behaviour that disrupts the classroom setting. If necessary, Ambrose security will be contacted to escort the student from class. Please refer to your professor regarding their electronic etiquette expectations.

### Academic Integrity

We are committed to fostering personal integrity and will not overlook breaches of integrity such as plagiarism and cheating. Academic dishonesty is taken seriously at Ambrose University as it undermines our academic standards and affects the integrity of each member of our learning community. Any attempt to obtain credit for academic work through fraudulent, deceptive, or dishonest means is academic dishonesty. Plagiarism involves presenting someone else's ideas, words, or work as one's own. Plagiarism is fraud and theft, but plagiarism can also occur by accident when a student fails or forgets to acknowledge to another person's ideas or words. Plagiarism and cheating can result in a failing grade for an assignment, for the course, or immediate dismissal from the university. Students are expected to be familiar with the policies in the current Academic Calendar that deal with plagiarism, cheating, and the penalties and procedures for dealing with these matters. All cases of academic dishonesty are reported to the Academic Dean and become part of the student's permanent record.

### Academic Policies

It is the responsibility of all students to become familiar with and adhere to academic policies as stated in the Academic Calendar. The academic calendar can be found at <https://ambrose.edu/academics/academic-calendar>

### Privacy

Personal information (information about an individual that may be used to identify that individual) may be required as part of taking this class. Any information collected will only be used and disclosed for the purpose for which the collection was intended. For further information contact the Privacy Compliance Officer at [privacy@ambrose.edu](mailto:privacy@ambrose.edu).

### Coursework Extensions

Should a request for a time extension on coursework exceed the end of the term, a *Coursework Extension Application* must be completed and submitted to the Office of the Registrar. The extension (if granted) will be recorded on the student record. Extensions are granted at the discretion of the instructor and registrar. Normally, Course Extension Applications will be considered only when all of the following conditions are met:

- the quality of prior course work has been satisfactory;
- circumstances beyond your control, such as an extended illness or death of a family member, make it impossible for you to complete the course work on time; and

- you submit *Coursework Extension Application* to the Office of the Registrar on or before the deadline specified in the Academic Schedule.

If granted, time extensions do not excuse you from a final examination where one has been scheduled for the course. A temporary grade of TX will be assigned until a final grade is submitted in accordance with the new deadline. A final grade of F will apply to:

- all course work submitted after the end of the semester unless a coursework extension has been granted; and all course work submitted after the revised due date provided by an approved extension to coursework.

## Academic Success and Supports

### Accessibility Services

Academic accommodation is provided to Ambrose students with disabilities in accordance with the Alberta Human Rights Act and the Canadian Charter of Rights and Freedoms. Provision of academic accommodation does not lower the academic standards of the university nor remove the need for evaluation and the need to meet essential learning outcomes. Reasonable accommodations are tailored to the individual student, are flexible, and are determined by considering the barriers within the unique environment of a postsecondary institution. It can take time to organize academic accommodations and funding for disability-related services. Students with a disability who wish to have an academic accommodation are encouraged to contact Accessibility Services as early as possible to ensure appropriate planning for any needs that may include accommodations. Staff can then meet with students to determine areas to facilitate success, and if accommodations are required, ensure those accommodations are put in place by working with faculty.

### Ambrose Writing Services

Ambrose Writing services provides academic support in the four foundational literacy skills—listening, speaking, reading, and writing. It also assists students with critical thinking and the research process. Throughout the academic year, students can meet with a writing tutor for personalized support, or they can attend a variety of workshops offered by Academic Success. These services are free to students enrolled at Ambrose University. Academic Success serves all students in all disciplines and at all levels, from history to biology and from theatre to theology. To learn more, please visit <https://ambrose.edu/sas/writing-services>

### Ambrose Tutoring Services

Ambrose Tutoring Services provides support in specific disciplinary knowledge, especially in high-demand areas such as chemistry, philosophy, math and statistics, and religious studies. These tutors also coach students in general study skills, including listening and note-taking. During the academic year, Ambrose Tutoring Services offers drop-in tutoring for courses with high demand; for other courses, students can book a one-to-one appointment with a tutor in their discipline. These services are free to students enrolled at Ambrose University. To learn more, please visit <https://ambrose.edu/tutoring>.

### Mental Health Support

150 Ambrose Circle SW, Calgary, AB T3H 0L5  
T 403-410-2000 TF 800-461-1222  
[info@ambrose.edu](mailto:info@ambrose.edu)  
[ambrose.edu](https://ambrose.edu)

All of us need a support system. We encourage students to build mental health supports and to reach out when help is needed.

On Campus:

- Counselling Services: [ambrose.edu/counselling](http://ambrose.edu/counselling)
- Peer Supportive Listening: One-to-one support in Student Life office. Hours posted at [ambrose.edu/wellness](http://ambrose.edu/wellness).
- For immediate crisis support, there are staff on campus who are trained in Suicide Intervention and Mental Health First Aid. See <https://ambrose.edu/student-life/crisissupport> for a list of staff members.

Off Campus:

- Distress Centre - 403-266-4357
- Sheldon Chumir Health Care Centre - 403-955-6200
- Emergency - 911

**Sexual Violence Support**

All staff, faculty, and Residence student leaders have received *Sexual Violence Response to Disclosure* training. We will support you and help you find the resources you need. There is a website with on and off campus supports – [ambrose.edu/sexual-violence-response-and-awareness](http://ambrose.edu/sexual-violence-response-and-awareness).

Off Campus:

- Clinic: Sheldon Chumir Health Centre - 403-955-6200
- Calgary Communities Against Sexual Abuse - 403-237-5888

**Note:** Students are strongly advised to retain this syllabus for their records.