

**DEVOTIONAL LIFE COURSE, CED 310 (DEV 310)**

Alliance University College - Canadian Bible College

Fall Semester 2004

Instructor: Wendy Thomas

Credits: 1

**Course Objectives**

The student will be given the opportunity to explore several of the different spiritual disciplines.

**Course Assignments**

1. Read a book on spiritual disciplines or take one particular spiritual discipline and read a book on that particular discipline. The book needs to be between 150-200 pages in length. What percentage of the book was read?

**Reading Material**

Willard, Dallas: The Spirit of Disciplines. San Francisco: Harper San Francisco, 1991.

Willard, Dallas: Hearing God – Developing a Conversational Relationship with God. Downers Grove: InterVarsity Press, 1999.

Foster, Richard J.: Celebration of Discipline. San Francisco: Harper & Row, 1988.

Smith, Gordon T.: The Voice of Jesus. Downers Grove: InterVarsity Press, 2003.

Suggested areas of spiritual discipline:

Taken from Richard Foster's book, Celebration of Discipline:

Meditation, prayer, fasting, study, simplicity, solitude, submission, service, confession, worship, guidance, celebration.

There is also a whole section at Christian Publications Bookstore entitled, Spiritual Disciplines.

2. Write a 3-4 page reflection paper on the book
3. Practical application & report - take one of the spiritual disciplines' and do a practical application of this discipline over a week-end. Prepare a report, recording when the spiritual discipline was implemented, how long, and the

reason why you chose the discipline, what you learned from the experience and how you might implement it into your life. Report length 2-3 pages.

All material submitted must be typed and double-spaced.

### **Course Grading**

1. Book - 10%
2. Reflection paper - 45%
3. Application (week-end & report) - 45%

### **Submission Date**

All course work must be completed and submitted by Wednesday, December 15 @ 5pm.

Note: the instructor will adhere to all academic regulations as printed in the current Catalogue and Student Handbook. The student is responsible to be familiar with these regulations.