

Course ID:	Course Title:	Fall 2017	
KIN127 Physical Activity	Outdoor Pursuits	Prerequisite: Satisfactory Application	
Skills			
		Credits: 1.5	

Class Information		Instructor Information		Important Dates	
Days:		Instructor:	Wally Rude PhD Higher Education; MA Counselling Psychology; BSc Science Registered Psychologist	First day of classes:	Sept 15
Time:		Email:	wrude@ambrose.edu	Last day to add/drop, or change to audit:	August 25
Room:		Phone:	403 410-2926	Last day to request revised exam:	
Lab/ Tutorial:	Off campus in mountains	Office:		Last day to withdraw from course:	August 25
		Office Hours:	By appointment	Last day to apply for coursework extension:	
Final Exam:				Last day of classes:	Sept 17

## **Course Description**

An excellent introduction to overnight backpacking! This trip, let by Wally Rude, will teach participants the skills necessary to safely enjoy a short backcountry trip on foot in the Rocky Mountains. This course focuses on trip preparation, navigation, camp-craft, meal preparation, route planning, hazard awareness, equipment selection and proper clothing in a hands-on, practical approach. An evening seminar gives you an opportunity to plan the weekend, learn about the equipment needed and ask questions; and, your time in the field stress skill development rather than distance travelled.

# **Expected Learning Outcomes**

### **Trip Planning**

Demonstrate a capacity to plan a safe, enjoyable, and environmentally sound backcountry hike

# **Trip Experience**

- 1. Demonstrate a capacity to hike safety and effectively in the backcountry
- 2. Demonstrate a capacity to prepare and cook meals using backcountry techniques and skills
- 3. Demonstrate a capacity build a campfire
- 4. Demonstrate a capacity set-up a backcountry campsite
- 5. Demonstrate a capacity to adhere to "Leave No Trace" outdoor/environmental ethic during the trip

### **Textbooks**

Gadd, B. (2008). The Canadian Hiker's and Backpacker's Handbook. Your How-to Guide for Hitting the Trails, Coast to Coast to Coast.

### **Course Schedule**

The 3-day experiential course is scheduled for the weekend of September 15 – 17, 2017 and will be located in Kananaskis Country. Students will be required to attend a pre-trip planning seminar in the evening of September 8<sup>th</sup>.

## Requirements:

A basic level of physical fitness is required as a course prerequisite as articulated in the attached *KIN 127 Application Form* form. Group gear will be provided free of charge for usage by participants. However, participants are required to provide personal gear and clothing as articulated in the attached *Gear and Equipment Required Checklist* form. Gear can be rented from both MEC and UoC if need be. A transportation and food charge of \$150 will be levied over and above the course tuition. The course will be capped at 12 students and may be cancelled not enough students enrol.

### Attendance:

All students are required to participate in all planning sessions and the full length of the outdoor trip in order to pass the course.

### **Grade Summary:**

Trip Planning Assignment (P/F) Each student will participate in a pre-trip session and then submit a pre-trip assignment that includes a completed gear and trip planning preparation checklist. This assignment will be graded on P/F basis. If a fail, the student will be given one opportunity to resubmit the assignment. If the student fails a second time, they will not be permitted to participate in the trip and will need to withdraw.

Trip Participation (P/F): Each student will be assessed by the instructor on a P/F basis on the five trip experience learning outcomes (see learning outcomes). A passing grade on a minimum of 3 learning outcomes is needed to receive an overall passing grade for trip participation.

Please note that final grades will be available on student registration system. Printed grade sheets are not mailed out.

### Other:

150 Ambrose Circle SW, Calgary, AB T3H 0L5
T 403-410-2000 TF 800-461-1222
info@ambrose.edu
ambrose.edu

# **Ambrose University Academic Policies:**

#### Communication

All students have received an Ambrose e-mail account upon registration. It is the student's responsibility to check this account regularly as the Ambrose email system will be the professor's instrument for notifying students of important matters (cancelled class sessions, extensions, requested appointments, etc.) between class sessions. If students do not wish to use their Ambrose accounts, they will need to forward all messages from the Ambrose account to another personal account.

## Registration

During the **Registration Revision Period** students may enter a course without permission, change the designation of any class from credit to audit and /or voluntary withdraw from a course without financial or academic penalty or record. Courses should be added or dropped on the student portal by the deadline date; please consult the List of Important Dates. After that date, the original status remains and the student is responsible for related fees.

Students intending to withdraw from a course after the Registration Revision Period must apply to the Office of the Registrar by submitting a "Request to Withdraw from a Course" form or by sending an email to the Registrar's Office by the **Withdrawal Deadline**; please consult the List of Important Dates on the my.ambrose.edu website. Students will not receive a tuition refund for courses from which they withdraw after the Registration Revision period. A grade of "W" will appear on their transcript.

Students wishing to withdraw from a course, but who fail to do so by the applicable date, will receive the grade earned in accordance with the course syllabus. A student obliged to withdraw from a course after the Withdrawal Deadline because of health or other reasons may apply to the Registrar for special consideration.

### **Exam Scheduling**

Students, who find a conflict in their exam schedule must submit a Revised Examination Request form to the Registrar's Office by the deadline date; please consult the List of Important Dates. Requests will be considered for the following reasons only: 1) the scheduled final examination slot conflicts with another exam; 2) the student has three final exams within three consecutive exam time blocks; 3) the scheduled final exam slot conflicts with an exam at another institution; 4) extenuating circumstances. Travel is not considered a valid excuse for re-scheduling or missing a final exam.

### **Electronic Etiquette**

Students are expected to treat their instructor, guest speakers, and fellow students with respect. It is disruptive to the learning goals of a course or seminar and disrespectful to fellow students and the instructor to use electronics for purposes unrelated to the course during a class session. Turn off all cell phones and other electronic devices during class. Laptops should be used for class-related purposes only. Do not use iPods, MP3 players, or headphones. Do not text, read, or send personal emails, go on Facebook or other social networks, search the internet, or play computer games during class. Some professors will not allow the use of any electronic devises in class. The professor has the right to disallow the student to use a

laptop in future lectures and/or to ask a student to withdraw from the session if s/he does not comply with this policy. Repeat offenders will be directed to the Dean. If you are expecting communication due to an emergency, please speak with the professor before the class begins.

#### **Academic Policies**

It is the responsibility of all students to become familiar with and adhere to academic policies as stated in the Academic Calendar. Personal information (information about an individual that may be used to identify that individual) may be required as part of taking this class. Any information collected will only be used and disclosed for the purpose for which the collection was intended. For further information contact the Privacy Compliance Officer at privacy@ambrose.edu.

#### **Extensions**

Although extensions to coursework in the semester are at the discretion of the instructor, students may not turn in coursework for evaluation after the last day of the scheduled final examination period unless they have received permission for a course Extension from the Registrar's Office. Requests for course extensions or alternative examination time must be submitted to the Registrar's Office by the deadline date; please consult the List of Important Dates. Course extensions are only granted for serious issues that arise "due to circumstances beyond the student's control."

### **Appeal of Grade**

An appeal for change of grade on any course work must be made to the course instructor within one week of receiving notification of the grade. An appeal for change of final grade must be submitted to the Registrar's Office in writing and providing the basis for appeal within 30 days of receiving notification of the final grade, providing the basis for appeal. A review fee of \$50.00 must accompany the appeal. If the appeal is sustained, the fee will be refunded.

### **Academic Integrity**

We are committed to fostering personal integrity and will not overlook breaches of integrity such as plagiarism and cheating. Academic dishonesty is taken seriously at Ambrose University as it undermines our academic standards and affects the integrity of each member of our learning community. Any attempt to obtain credit for academic work through fraudulent, deceptive, or dishonest means is academic dishonesty. Plagiarism involves presenting someone else's ideas, words, or work as one's own. Plagiarism is fraud and theft, but plagiarism can also occur by accident when a student fails or forgets to acknowledge to another person's ideas or words. Plagiarism and cheating can result in a failing grade for an assignment, for the course, or immediate dismissal from the university college. Students are expected to be familiar with the policies in the current Academic Calendar that deal with plagiarism, cheating, and the penalties and procedures for dealing with these matters. All cases of academic dishonesty are reported to the Academic Dean and become part of the student's permanent record.

**Note**: Students are strongly advised to retain this syllabus for their records.