



AMBROSE
SEMINARY

WINTER 2010

PT 501

Personal Formation and Development

Instructor: Dr. Peter Ralph pralph@ambrose.edu

Course Objectives

This course will provide students with the means to assess their person formation and growth to date. It will require them to plan steps of growth that will guide them in making choices either while in seminary or while entering ministry. It will use insights from the Christian spiritual tradition, from psychology in the form of the Myers-Briggs Type Indicator. It will provide a structure for evaluating personal vocational development and sexuality as these bear on preparing for and applying ministry.

Learning Outcomes

Students will be able to:

- evaluate their spiritual formation in light of Christian Trinitarian faith
- evaluate their spiritual formation in the light of classic spiritual cultures and “maps” of Christian formation
- evaluate the development of their sense of vocation to Christian ministry
- assess their sexual development in light of vocation to Christian ministry
- assess their personal formation in terms of the Myers Briggs Type Indicator
- test their understanding of communication in a post-modern world

Requirement for the Myers Briggs Type Indicator

Students have paid a fee which enables students to take the MBTI electronically, receive a professionally generated description of their type and its application, and establish their profile in the Ministry Placement Office for future use. The MBTI profile will be used in PT710 also. **Students must complete the MBTI instrument one week from the beginning of class in order to profit from the interpretation of the instrument later in the semester.** Students’ email addresses will be collected on the first day of class in order to begin this process. See Fern Buszowski, Manager of the Practicum Program and Career Development Centre at CTS with any issues. **A significant portion of this course cannot be completed without completing the MBTI.**

fbuszowski@ambrose.edu

403-410-2908

Advisory regarding Ambrose email addresses.

Every student is assigned an Ambrose email address at the start of the semester. The address is *first initial, last name@ambrose.edu*. Example: pralph@ambrose.edu. All correspondence relating to this course will take place with this address. This includes all handout material related to class. Students must activate this address at the Ambrose IT dept. in the faculty area. Students should test the address to ensure that it is not blocked by students' software packages. It is the student's responsibility to do this.

Paper submission

Papers will be submitted and returned electronically.

Professor's availability

Students wishing to speak with the professor may arrange an appointment via email. Drop in meetings are subject to availability.

Planned absences

Because of the modular nature of the course planned absences are not permitted.

Reading and Reports

Students will complete 1125 pages of reading including the course text and any choices from the recommended reading list. Substitute reading material may be negotiated with the instructor. Students will submit a (minimum) three-page report of each book read. The report will include a brief (one page maximum) analysis of the content of the reading, and an assessment (at least two pages) of the relevance of the material to the student's present and future formation as discussed in class. The ability to integrate across topics will be a key to success in this report.

Students will choose readings that correspond to class topics, and will read as added learning for their assigned papers. Reports of this reading will be handed in at the same time as the papers to which they relate.

Assigned Papers

Paper 1. Personal Formation, my Spirituality and my vocation (will assess the student's formation, including the categories discussed in class, and their assessment of calling to God, the world and ministry: Please note, a "personal testimony" alone will not fulfill the requirements of this paper.)

Paper 2. Personal Formation and my Temperament (will assess the student's present and future development in terms of the Myers Briggs Type Indicator.)

Paper 3. Personal Formation and my Sexuality (will assess personal and ministry-related issues in sexuality according to class discussions)

Paper 4. Personal Formation: an Integration (will integrate course material, reading, previous learning and experience, and will offer short-term and long-term plans for future choices based on this integration.)

Due Dates

Paper and reading report #1: Feb. 5.
Paper and reading report #2: Mar. 12
Paper and reading report #3: Apr. 12
Paper and reading report #4: May 12

Attendance Policy

Students are expected to attend all class sessions for their entire duration.

Evaluation

Five short papers 15% each	75%
Reading and reports	25%
<hr/>	
	100%

Paper Format

Seminary papers are to follow the guidelines of *A Manual for Writers of Term Papers, Theses and Dissertations*, by Kate L. Turabian and/or *The Publication Manual of the American Psychological Association*. Current editions to be used in each case. The instructor will indicate where these guidelines may be waived or substituted. Students will identify, on the first or cover page of all assignments, the course name, the instructor's name and their own name (student ID numbers are optional). Students will refrain from using graphics of any kind in preparing papers. Papers will be double-spaced, no more and no less, whether between lines or between paragraphs. All type will be 12 point. Book reflections will show the total number of pages read per book on the title page of the paper.

Bibliography

Clergy Families

Briscoe, D. Stuart. Pulling Together When you're Pulled Apart.

Hands, Donald R. Spiritual Wholeness for Clergy: a New Psychology of Intimacy with God, Self, and Others

Langford, Daniel. The Pastor's Family: The Calling of Family Life and Pastoral Responsibilities.

Larson, Lyle and Walter Goltz. Clergy Families In Canada: An Initial Report.

Lee, Cameron and Jack Balswick. Life In A Glass House: The Minister's Family In Its Unique Social Context.

O'Brien, Gene. Couples Praying: A Special Intimacy.

Richardson, Ron. Becoming a Healthier Pastor: Family Systems Theory and The Pastor's Own Family.

Shelley, Marshall. The Healthy Hectic Home: Raising A Family In The Midst Of Ministry.

Desert Wisdom

Nomura, Yushi. Desert Wisdom: Sayings From The Desert Fathers.

Intimacy

Brennan, M. Bridget. Claiming our Deepest Desires: the Power of an Intimate Marriage

Brenton, Myron. Friendship

Burr, R. Develop Your Secret Closet of Prayer.

Covington, Stephanie. Leaving the Enchanted Forest: The Path from Relationship Addiction to Intimacy

DeMoss, Robert G. Sex and the Single Person: Dealing Honestly with the Need for Intimacy

Diamond, Jed. Looking for Love in all the Wrong Places: Overcoming Romantic and Sexual Addictions

Ferder, Fran and John Heagle. Your Sexual Self: Pathway to Intimacy.

Fischer, Kathleen R. Promises to keep: Developing the Skills of Marriage

Groom, Nancy. Risking Intimacy.

Harvey, Donald R. The Spiritually Intimate Marriage

Hershey, Terry. Intimacy: Where Do I go to Find Love?

Joy, Donald M. Re-bonding: Preventing and Restoring Damaged Relationships

Keyes, Ken. A Conscious Person's Guide to Relationships

MacDonald, Gordon. The Tests Men Face. (cassettes)

Manning, Brennan. Abba's Child

Mayhue, Rich. Spiritual Intimacy.

McDonald, Robert L. Intimacy: Overcoming the Fear of Closeness

McGinnis, Alan Loy. The Friendship Factor: How to get Closer to the People you Care for.

Moore, Thomas. Soul mates: Honoring the Mysteries of Love and Relationship

Myers, Joseph R. The Search to Belong: Rethinking Intimacy, Community, and Small Groups

Nouwen, Henry. Intimacy: Pastoral Psychological Essays.

Oden, Thomas. Game Free: A Guide To The Meaning Of Intimacy.

Phillips, Holly Faith. What does she want from me, Anyway?: Honest Answers to the Questions Men ask about Women

Purnell, Dick. Becoming a Friend and Lover

Rainey, Dennis. Lonely Husbands, Lonely Wives: Rekindling Intimacy in every Marriage

Rowley, Wm. Nothing To Hide: The Search For Authentic Relationships.

Rubin, Lillian B. Intimate Strangers: Men and Women Together

Schaef, Anne Wilson. Escape from Intimacy: the Pseudo-relationship Addictions: Untangling the “love” addictions, sex, romance, relationships

Schaumburg, Harry W. False Intimacy: Understanding the Struggle of Sexual Addiction
Shelton, Charles M. Intimacy and the Moral Life

Smalley, Gary, and John Trent. The Language Of Love: A Powerful Way To Maximize Insight, Intimacy, And Understanding.

Storkey, Elaine. The Search for Intimacy

Throne, Brian. Infinitely Beloved: the Challenge of Divine Intimacy

Whitehead, James and Evelyn. A Sense of Sexuality: Christian Love and Intimacy.

Trinitarian Spirituality

Adam, Peter. Living the Trinity

Blyth, Myra. Celebrating the Trinity: Faith, Worship and Mission

British Council Of Churches: The Forgotten Trinity.

Coppedge, Allan. Portraits of God: a Biblical Theology of Holiness

Downey, Michael. Altogether Gift: A Trinitarian Spirituality

Duck, Ruth C. Praising God: the Trinity in Christian Worship

Fiddes, Paul S. Participating in God: a Pastoral Doctrine of the Trinity

Fox, Patricia. God as Communion: John Zizioulas, Elizabeth Johnson, and the Retrieval of the Symbol of the Triune God

Houston, James: Prayer: The Friendship That Transforms.
Johanson, Darrell W. Experiencing the Trinity

Kimel, Alvin F. Speaking the Christian God: the Holy Trinity and the Challenge of Feminism

Letham, Robert. The Holy Trinity: in Scripture, History, Theology, and Worship

Maloney, George A. Abiding in the Indwelling Trinity

McGrath, Alister E. Understanding the Trinity

Navone, John J. Self-giving, and Sharing: the Trinity and Human Fulfillment

Olsen, V. Norskov. The New Relatedness for Men and Women in Christ: a Mirror of the Divine

Owen, John. Communion with God

Powell, Samuel M. Participating in God: Creation and Trinity

Prokes, Mary Timothy. Mutuality: the Human Image of Trinitarian Love

Torrance, James. Worship, Community, and The Triune God Of Grace.

White, James R. The Forgotten Trinity

Young, Paul. The Shack.

Myers Briggs Type Indicator

Edwards, Lloyd. How we Belong, Fight and Pray: the MBTI as a Key to Congregational Dynamics

Francis, Leslie J. Personality type and Scripture

Grant, Harold; Thompson, Magdala, and Thomas Clarke. From Image To Likeness: A Jungian Path In The Gospel Journey.

Harbaugh, Gary L. God's Gifted People: Discovering and Using your Spiritual and Personal Gifts

Johnson, Reginald. Celebrate my Soul

Kroeger, Otto. Type talk at Work: How 16 Personality Types Determine your Success on the Job

Myers, Isabel Briggs. Manual, a Guide to the Development and Use of the Myers-Briggs Type Indicator

Myers, Isabel, with Peter Myers. Gifts Differing.

Osborn, Lawrence. God's Diverse People

Provost, Judith A. A Casebook, Applications of the Myers-Briggs Type Indicator in Counseling

Tieger, Paul. D. Do What You Are: Discover the perfect Career For You.

Sexuality

Allender, Dan. The Wounded Heart.

Every Man's Battle: Winning The War on Sexual Temptation.

Balswick, Jack. Men At the Crossroad

Authentic Human Sexuality.

The Family

Bell, Rob Sex God: Exploring the Endless Connections Between Sexuality and Spirituality.

Brown, David Mark. Tainted Love: God, Sex and Religion For The Not-So-Pure At Heart.

Crabb, Lawrence. Men And Women.

Dalbey, Gordon. Father And Son.

Healing The Masculine Soul.

Dawn, Marva. Sexual Character: Beyond Technique To Intimacy.

Elliot, Elizabeth. Passion and Purity: Learning to Bring Your Life Under Christ's Control.

Grenz, Stanley. Sexual Ethics: An Evangelical Perspective.

Hart, Arch. The Sexual Man.

Hubbard, M.G. Women, The Misunderstood Majority.

Ind, Jo. Memories of Bliss: God, Sex and Us.

Joy, Donald. Bonding.
Re-Bonding.
Unfinished Business.

Laaser, Mark. The Secret Sin.

Ludy, Eric. God's Gift to Women.

MacDonald, Gordon. When Men think Private Thoughts

Matzko, David. Sex and Love in the Home: A Theology of the Household.
Sexual Healing: God's Plan For the Sanctification of Broken Lives.

McMinn, Lisa. Sexuality and Holy Longing: Embracing Intimacy In A Broken World.

Neuchterlein, Ann-Marie, and Celia Hahn. The Male-Female Church Staff.

Rhinehart, Paula. Sex and The Soul Of A Woman: The Reality Of Love And Romance
in An Age Of Casual Sex.

Rutter, Peter. Sex In The Forbidden Zone.

Schaumberg, H. False Intimacy.

Sell, Charles. Achieving The impossible: Intimate Marriage.

Smedes, Lewis. Sex For Christians.

Tannen, Deborah. You Just Don't Understand.

Timmerman, Joan H. Sexuality and Spiritual Growth.

Trobisch, Walter. Living With Unfulfilled desires.

White, John. Eros Defiled: The Christian And Sexual Sin.
:" Redeemed: Breaking The Stranglehold Of Sexual Sin.

Wright, H. Norman. Always Daddy's Girl.

Young, H. Edwin. Pure Sex.

Types Of Spirituality

Sager, Allan. Gospel-Centred Spirituality: An Introduction To Our Spiritual Journey.

Vocation

Andrew, Brother. The Unforgettable Story of a Man who Discovered the Adventure of the Calling

Badcock, Gary D. The Way of Life: A theology of Christian Vocation

Bayly, Joseph. Essays on Guidance

Blamires, Harry. The Will and the Way: a Study of Divine Providence and Vocation

Bockmuehl, Klaus. Recovering Vocation Today. (CRUX: Sept. 1988, v.24, #3.)

Bradley, John. Unlocking your Sixth Suitcase: How to Love What you Do and Do what you Love

Brown, Keith. It's Never Too Late To Say Yes.

Deratanay, Edward. When God Calls You.

Guinness, Oz. The Call: Finding And Fulfilling The Central Purpose Of Your Life.

Hadnut, Robert K. Call waiting: How to Hear God Speak

Hammond, Peter, and R. Paul Stevens: The Marketplace Annotated Bible.

Hancock, Maxine. Re-evaluating our Commitments: How to Strengthen the Permanent and reassess the Temporary

Hardy, Lee. The Fabric of this World: Inquiries into Calling, Career Choices, and the Design of Human Work

Harris, James. Secrets of People Who Love Their Work.

Holderness, Ginny Ward. Career and Calling: a Guide for Counselors, Youth and Young Adults

Jensen, Mark. Shattered Vocations

Klingaman Patrick. Thank God it's Monday

Kowalski, Judith A. and Dean J. Collins. To Serve and Protect: Law Enforcement Officers Reflect on their Faith and Work

Kraemer, Hendrik. A Theology Of The Laity.

Lee, Hardy. The Fabric of this World: Inquiries into Calling, Career Choice, and the Design of Human Work

Lewis, Roy. Choosing your Career, Finding your Vocation: a Step by Step Guide for Adults and Counselors

Mattson, Ralph. Finding a Job you can Love

Miner, Paul Sevier. To Die and to Live: Christ's Resurrection and Christian Vocation

Moore, Thomas. Care Of The Soul: A Guide For Cultivating Depth And Sacredness in Everyday Life.

Mouw, Richard. Called To Holy Worldliness.

Nemeck, F. and M. Coombs. Called By God.

Palmer, Parker. Let Your Life Speak: Listening For The Voice Of Vocation.

Parker, Ronald. Do I Belong In Seminary?

Peck, M. Scott. A World Waiting To Be Born: Civility Rediscovered.

Peterson, Eugene. Under The Unpredictable Plant: An Exploration In Vocational Holiness.

Pierce, Gregory F. Augustine. Of Human Hands: A Reader in the Spirituality of Work

Proctor Samuel. We have this Ministry: the heart of the Pastor's Vocation

Provost, Judith A. Work, Play, and Type: Achieving Balance in your Life

Redekop, Calvin Wall. Who am I? What am I?: Searching for meaning in your Work

Roels, Shirley J. Organization man, Organization woman: Calling, Leadership, and Culture

Riddell, Jim. Career Decision Making

Ryken, Leyland. Work And Leisure In Christian Perspective.

Sherman, Douglas, and William Hendriks. Your Work Matters To God.

Sider, Ronald J. *Genuine Christianity*

Smith, Gordon T. *Courage And Calling: Embracing your God Given Potential.*

Stevens, R. Paul. *The Other Six Days.*

Trueblood, Elton. *Your other Vocation*

Van Vuuren, Nancy. *Work and Career*

White, Jerry. *On the Job: Survival or Satisfaction*

Wingren, Gustaf. *Luther on Vocation*