

Course ID:	Course Title:	Fall 2023
PT 501-CL	Personal Formation and Development	Prerequisite:
		Credits: 3

Class Information		Instructor Information		Important Dates	
Delivery:	Hybrid	Instructor:	Rev. Dr. Barnabas Wang	First Day of Classes:	September 12
Days:	Tuesday	Email:	Barnabas.Wang@ambrose.edu	Last Day to Add/Drop:	September 18
Time:	6:30-9:30	Phone:	647-9837077	Last Day to Withdraw:	November 21
Room:	A2210 Zoom (97599548116) p.w.(12345)	Office:	L2063	Last Day to Apply for Extension:	December 1
Lab/Tutorial:	Individual Spiritual Direction	Office Hours:	By appointment	Last Day of Classes:	December 6
Final Exam:	N/A				

Important Dates and Information

For a list of all important dates and information regarding participating in classes at Ambrose University, please refer to the Academic Calendar at <https://ambrose.edu/academic-calendar>.

Course Description

This course helps the student develop a rule of life that fits their personality, season of life, and unique situation. It explores the nature and goal of spiritual formation, as well examines our rich inheritance of spiritual practices from Scripture and church history. The student will also be asked to undertake an intensive study of one biblical or historical figure in light of that individual's spiritual formation (and, if warranted, deformation). Overall, the emphasis will be on the student cultivating increasing Christlikeness expressed through their God given personality.

Expected Learning Outcomes

1. Discovering Your Spiritual Style – strength, biases and deficiencies
2. Learning from different Spiritual Tradition
3. Starting to make spiritual theology.

Required Readings

傅士德 & 史雅各(Richard J. Foster & James Bryan Smith,) 屬靈操練之旅 (Devotional Classics) 天道,2005

Selecting Reading:

1. Spiritual Theology

Eugene H. Peterson, Christ Plays in Ten Thousand Places: A Conversation in spiritual theology, William B. Eerdmans, 2005

2. Prayer

Herbert Lockyer. Trans: 駱其雅. All the Prayers of the Bible. 聖經中全備的祈禱. Zondervan Publishing House 1959. 中國主日學協會 1981.

Patricia D. Brown, Paths to Prayer: Finding Your Own Way to the Presence of God. Jossey-Bass: A Wiley Imprint. 2003.

Philip Yancey, Trans: 徐成德等, Prayer: Does It Make Any Different? 禱告. Zondervan Publishing House 校園書房出版社. 2008.

Richard J. Foster, Trans: 周天和, Prayer: Finding the Heart's True Home 禱告真諦. Hodder and Stoughton, 1992. 基道出版社 1993.

Richard N. Longenecker Ed. Into God's Presence: Prayer in the New Testament. William B. Eerdmans Publishing Company Grand Rapids, Michigan/ Cambridge, U.K. 2001.

Samuel E. Balentine, Prayer in the Hebrew Bible: The Drama of Divine-Human Dialogue. Augsburg Fortress Press: Minneapolis, 1993.

Course Schedule

	Theme	assignment
Pre-class		<i>Grip-Kirman?</i>
9/12	1. The Meaning of "Spirituality"	<i>MBTI, spiritual autobiography</i>
9/19	2. Discover Your Spiritual Style	<i>Spiritual Style Question</i>
9/26	3. Imitating Christ-Balanced Spirituality	Starting spiritual Journaling
10/10	4. <u>The Contemplative Tradition</u>	Practicing the Prayer-Filled Life
10/17	Theology of Prayer	
10/24	5. <u>The Holiness Tradition</u>	Practicing the Virtuous Life
10/31	6. <u>The Charismatic Tradition</u>	Practicing the Spirit-Empowered Life
11/7	(Happy Reading)	
11/14	7. <u>The Social Justice Tradition</u>	Practicing the Compassionate Life
11/21	8. <u>The Evangelical Tradition</u>	Practicing the Word-Centered Life
11/28	Models of Revelation	
12/5	9. <u>The Incarnational Tradition</u>	Practicing the Sacramental Life
12/12	Theology of Spirituality	

Requirements:

1. Reflection to test (2) 10 %
2. Spiritual autobiography 10 %
3. Spiritual Journaling (9) 45 %
4. The Study of a Spiritual Figure 10 %
5. An Essay of Spiritual Theology 25%

Please Note:

•All the assignment should be submitted online before the agreed due day. Assignments not submitted on the due date will be penalized with a loss of 10% each day they are late and to a maximum of 7 days unless an extension has been pre-approved.

Attendance:

This class will provide many opportunities for students to participate in discussions and sharing of spiritual experiences. Class attendance is strictly required.

Grade Summary:

Grade	Interpretation	Grade Points
A+	Mastery: Complete Understanding of Subject Matter	4.00
A		4.00
A-		3.70
B+	Proficient: Well-Developed Understanding of Subject Matter	3.30
B		3.00
B-		2.70
C+	Basic: Developing Understanding of Subject Matter	2.30
C		2.00
C-		1.70
D+	Minimal Pass: Limited Understanding of Subject	1.30
D		1.0
F	Failure: Failure to Meet Course Requirements	0.00
P	Pass	No Grade Points

If you will be using percentages, please provide a scale which indicates how percentages in your class will be translated to letter grades. These equivalencies are at the discretion of the instructor, but MUST be stated in the syllabus. You can just cut and paste your scale into this space (removing what is here).

Because of the nature of the Alpha 4.00 system, there can be no uniform University-wide conversion scale. The relationship between raw scores (e.g. percentages) and the resultant letter grade will depend on the nature of the course and the instructor's assessment of the level of each class, compared to similar classes taught previously.

Please note that final grades will be available on student registration system. Printed grade sheets are not mailed out.

Other:

Any added features in the syllabus are optional. You may or may not wish to include elements such as a bibliography, reading list, or reporting form. This section should also include information on out of classroom activities, such as field trips, and any supplementary fees required to complete those additional elements.

Ambrose University Important Policies & Procedures:

Communication

All students have received an Ambrose e-mail account upon registration. It is the student's responsibility to check this account regularly as the Ambrose email system will be the professor's instrument for notifying students of important matters (cancelled class sessions, extensions, requested appointments, etc.) between class sessions.

Exam Scheduling

Students who find a conflict in their exam schedule must submit a *Revised Examination Request* form to the Office of the Registrar by the deadline noted in the Academic Calendar. Requests will be considered for the following reasons only: 1) the scheduled final examination slot conflicts with another exam; 2) the student has three final exams within three consecutive exam time blocks; 3) the scheduled final exam slot conflicts with an exam at another institution; 4) extenuating circumstances. Travel is not considered a valid excuse for re-scheduling or missing a final exam.

Standards of Behaviour in the Classroom Setting

Learning is an active and interactive process, a joint venture between student and instructor and between student and student. Some topics covered within a class may lead to strong reactions and opinions. It is important that Students understand that they are entitled to hold contradictory beliefs and that they should be encouraged to engage with these topics in a critical manner. Committing to this type of "active learning" significantly increases the learning experience for both teacher and student, and reflects the Christian imperative to pursue truth, which lies at the heart of the Ambrose educational experience. However, active discussion of controversial topics will be undertaken with respect and empathy, which are the foundations of civil discourse in the Classroom Setting. Primary responsibility for managing the classroom rests with the instructor. The instructor may direct a student to leave the class if the student engages in any behaviour that disrupts the classroom setting. If necessary, Ambrose security will be contacted to escort the student from class. Please refer to your professor regarding their electronic etiquette expectations.

Academic Integrity

We are committed to fostering personal integrity and will not overlook breaches of integrity such as plagiarism and cheating. Academic dishonesty is taken seriously at Ambrose University as it undermines our academic standards and affects the integrity of each member of our learning community. Any attempt to obtain credit for academic work through fraudulent, deceptive, or dishonest means is academic dishonesty. Plagiarism involves presenting someone else's ideas, words, or work as one's own. Plagiarism is fraud and theft, but plagiarism can also occur by accident when a student fails or forgets to acknowledge to another person's ideas or words. Plagiarism and cheating can result in a failing grade for an assignment, for the course, or immediate dismissal from the university. Students are expected to be familiar with the policies in the current Academic Calendar that deal with plagiarism, cheating, and the penalties and procedures for dealing with these matters. All cases of academic dishonesty are

reported to the Academic Dean and become part of the student's permanent record.

Academic Policies

It is the responsibility of all students to become familiar with and adhere to academic policies as stated in the Academic Calendar. The academic calendar can be found at <https://ambrose.edu/content/academic-calendar-2>.

Privacy

Personal information (information about an individual that may be used to identify that individual) may be required as part of taking this class. Any information collected will only be used and disclosed for the purpose for which the collection was intended. For further information contact the Privacy Compliance Officer at privacy@ambrose.edu.

Coursework Extensions

Should a request for a time extension on coursework exceed the end of the term, a *Coursework Extension Application* must be completed and submitted to the Office of the Registrar. The extension (if granted) will be recorded on the student record. Extensions are granted at the discretion of the instructor and are normally granted for 30 days beyond the last day of the term.

Normally, Course Extension Applications will be considered only when all of the following conditions are met:

- the quality of prior course work has been satisfactory;
- circumstances beyond your control, such as an extended illness or death of a family member, make it impossible for you to complete the course work on time; and
- you submit *Coursework Extension Application* to the Office of the Registrar on or before the deadline specified in the Academic Schedule.

If granted, time extensions do not excuse you from a final examination where one has been scheduled for the course.

A temporary grade of TX will be assigned until a final grade is submitted in accordance with the new deadline. A final grade of F will apply to:

- all course work submitted after the end of the semester unless a coursework extension has been granted; and all course work submitted after the revised due date provided by an approved extension to coursework.

Academic Success and Supports

Accessibility Services

Academic accommodation is provided to Ambrose students with disabilities in accordance with the Alberta Human Rights Act and the Canadian Charter of Rights and Freedoms. Provision of academic accommodation does not lower the academic standards of the university nor remove the need for evaluation and the need to meet essential learning outcomes. Reasonable accommodations are tailored to the individual student, are flexible, and are determined by considering the barriers within the unique environment of a

postsecondary institution. It can take time to organize academic accommodations and funding for disability-related services. Students with a disability who wish to have an academic accommodation are encouraged to contact Accessibility Services as early as possible to ensure appropriate planning for any needs that may include accommodations. Staff can then meet with students to determine areas to facilitate success, and if accommodations are required, ensure those accommodations are put in place by working with faculty.

Ambrose Writing Services

Ambrose Writing services provides academic support in the four foundational literacy skills—listening, speaking, reading, and writing. It also assists students with critical thinking and the research process. Throughout the academic year, students can meet with a writing tutor for personalized support, or they can attend a variety of workshops offered by Academic Success. These services are free to students enrolled at Ambrose University. Academic Success serves all students in all disciplines and at all levels, from history to biology and from theatre to theology. To learn more, please visit <https://ambrose.edu/writingcentre>

Ambrose Tutoring Services

Ambrose Tutoring Services provides support in specific disciplinary knowledge, especially in high-demand areas such as chemistry, philosophy, math and statistics, and religious studies. These tutors also coach students in general study skills, including listening and note-taking. During the academic year, Ambrose Tutoring Services offers drop-in tutoring for courses with high demand; for other courses, students can book a one-to-one appointment with a tutor in their discipline. These services are free to students enrolled at Ambrose University. To learn more, please visit <https://ambrose.edu/tutoring>.

Mental Health Support

All of us need a support system. We encourage students to build mental health supports and to reach out when help is needed.

On Campus:

- Counselling Services: ambrose.edu/counselling
- Peer Supportive Listening: One-to-one support in Student Life office. Hours posted at ambrose.edu/wellness.
- For immediate crisis support, there are staff on campus who are trained in Suicide Intervention and Mental Health First Aid. See ambrose.edu/crisissupport for a list of staff members.

Off Campus:

- Distress Centre - 403-266-4357
- Sheldon Chumir Health Care Centre - 403-955-6200
- Emergency - 911

Sexual Violence Support

All staff, faculty, and Residence student leaders have received *Sexual Violence Response to Disclosure* training. We will support you and help you find the resources you need. There is a website with on and off campus supports – ambrose.edu/sexual-violence-response-and-awareness.

Off Campus:

- Clinic: Sheldon Chumir Health Centre - 403-955-6200
- Calgary Communities Against Sexual Abuse - 403-237-5888

Note: Students are strongly advised to retain this syllabus for their records.